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Office of Nutritional Products Labeling & Dietary Supplements Center for Food Safety and Applied Nutrition Food and Drug Administration 5100 Paint Branch Parkway College Park, MD 20740-3835

December 19, 2005

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Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our supplements Super Biotin under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, HealthSmart Vitamins, Met-Rx, Natural Wealth, Naturalist, Nature's Bounty, Nutrition Warehouse, Nutro, PhysioLogics, Precision Engineered, Puritan's Pride, Radiance, Rexall, Sundown, US Nutrition, Vitamin Depot, Vitamin World, and WORLDWIDE Sport Nutrition:.

Ingredients: Biotin, Calcium

- Supports Skin and Hair Health
- Promotes Sugar, Fat, & Protein Metabolism
- Biotin is a water-soluble B Vitamin that helps promote skin, hair and nail health, to help you look and feel your best.
- Biotin is involved in making carbohydrates available for oxidation and energy, and is essential for the intermediate metabolism of proteins and fats.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely.

Angelica S. Vrablic, Ph.D.

Manager, Nutrition Research

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